

HOW TO **SAVE A LIFE**

Public defibrillators are on the rise. Here's how to use them



Call 911 and locate the nearest AED (or have someone else do that as you start CPR). Push down on the middle of the chest repeatedly. Check for a pulse after 100 pushes (about a minute).



Make sure the patient is in a dry area, away from any puddles. Apply the AED's adhesive patches to the patient's chest. (The AED should give locations.)



Stand back as the AED analyzes the patient's heart-beat. The AED will automatically administer an electric shock if it is needed.



After the shock is administered, continue chest compressions to keep the heart beating until emergency personnel arrive.