



## Are you screening for prediabetes?

You probably know how many of your patients have type 2 diabetes—but do you know how many have prediabetes?

More than 86 million Americans have prediabetes, the precursor to type 2 diabetes that, if caught early on, can be stopped. But nine in 10 people with prediabetes don't even know they have it.

This condition impacts millions of patients and nearly all physicians, leads to enormous suffering and death, and adds significant costs to our economy. Every year, more people develop prediabetes, increasing by about 51 percent between 2007 and 2012, according to a December [study](#) published in *Diabetes Care*. With these increased burdens on the health care system come increased costs, according to the study—an estimated national cost of \$322 billion.

Fortunately, prediabetes is treatable if it's caught in time. That's why the AMA and the Centers for Disease Control and Prevention (CDC) decided to take action and make it easier for physicians to screen, test and refer patients with prediabetes to diabetes prevention programs—without adding extra burden on their practice.

**Prevent Diabetes STAT: Screen. Test. Act “ Today™** is the AMA's multi-year, multi-component initiative designed to increase awareness about prediabetes and connect your practice and your patients to diabetes prevention programs in your area. We're urging physicians to visit our [Prevent Diabetes STAT website](#) for information, resources and a free downloadable [AMA|CDC Prevent Diabetes STAT toolkit](#). Created with input from physician practices, these easy-to-use tools can help you screen and test for prediabetes and refer eligible patients to diabetes prevention programs.

The sooner you begin to screen, test and refer patients with prediabetes to prevention programs, the sooner we can achieve a healthier nation. Check out the tools and use them to improve health outcomes in your practice today.

[Read more](#) about the toolkit and prediabetes at *AMA Wire*®.